**Setting up R on your computer**

1. Download the latest version of R here:
2. Download RStudio here:
3. Download one of the following:
   1. If using Windows, RTools here:
   2. If using a MAC, XCode here:
      1. Note that you may need to open the terminal and run: **xcode-select --install** if you have the latest version of iOS
4. Install the following packages in R:
   1. car
   2. dplyr
   3. ggplot2
   4. ggplotgui
   5. patchwork
   6. readxl
   7. robust
   8. tidyr